

Koret Vision Institute + Beckman Vision Center + Department of Ophthalmology + Francis I. Proctor Foundation

Summer 2016

University of California, San Francisco + That Man May See

## Focal Point



Dear Friends,

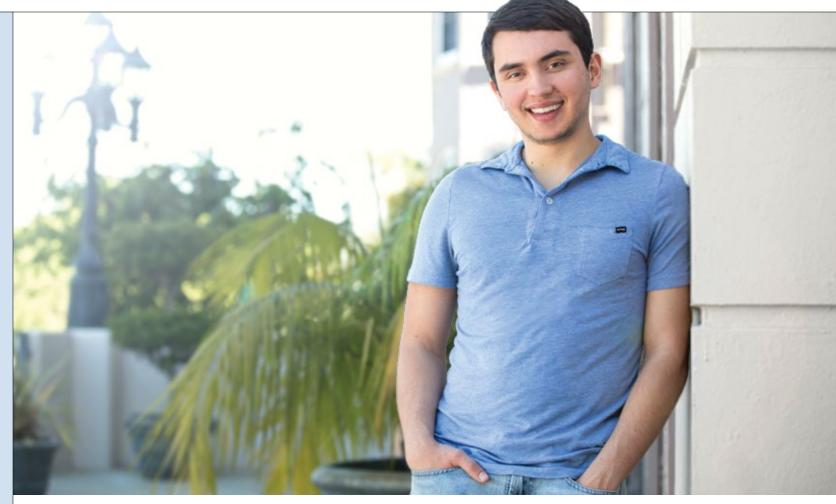
Welcome to a new day for the Department of Ophthalmology and the Proctor Foundation at UCSF. We are pleased that generous contributors are helping us build and launch our new UCSF Center for Vision Neuroscience at Mission Bay, in the heart of the university's leading neuroscience community.

We are proud of our vision for the future and programs underway. UCSF's ophthalmology residencies continue to attract and develop tomorrow's leaders. Three of our stellar residents have been awarded prestigious Heed Fellowships.

Our diverse programs to reduce the burdens of blindness and vision loss make an impact worldwide. Here at home, we hope children receiving free glasses through That Man May See's Augie Fund will bring a smile to you.

Thank you for your continued generosity. There is yet more to be accomplished as we develop the premiere vision research, teaching, and clinical care program in the world, and we invite you to join our community and our cause.

#### Sincerely.



# Uveitis Solutions UCSF treatment allowed Ryan Wullschleger to recover most of his vision.

emember being eighteen? Ryan Wullschleger was enjoying independence as a freshman at Humboldt State, competing in swimming and exploring possible majors. During his spring semester, however, he suddenly experienced aching, acute weakness, and then vision loss. A rare autoimmune syndrome was impairing Ryan's body, leading to near-blindness within weeks.

"Student health services and the local ophthalmologist were coming up empty, and I was going blind," Ryan remembers.

#### **Tenacity and Expertise**

An internist finally diagnosed his autoimmune syndrome and referred Ryan to UCSF's Francis I. Proctor Foundation for

Continued on page 4

# National Honors Three Win Heed Fellowships

The most prestigious ophthalmology fellowship foundation in the country has again chosen graduates of the UCSF Ophthalmology residency program. **Christopher Aderman**, Hospital, Thomas Jefferson University. Dr. DeParis will pursue oculoplastic surgery at Wilmer Eye Institute, Johns Hopkins University.

These UCSF residents took three of





Stephen D. McLeod, MD Theresa M. and Wayne M. Caygill, MD, Distinguished Professor and Chair



**MD; Ferhina Ali, MD, MPH;** and **Sarah DeParis, MD** – the majority of the class of 2016 – were selected for the awards, which support postgraduate training.

Drs. Aderman and Ali will specialize in vitreoretinal surgery at Wills Eye

From left: Honorees Dr. Aderman, Dr. Ali, and Dr. DeParis

the 20 fellowships awarded nationwide, rising to the top in a pool of 450 applicants. This year's awards bring to 17 the number of UCSF Ophthalmology residents honored with Heed Fellowships since 2009. The high caliber of applicants admitted to residencies and faculty commitment to training future leaders in ophthalmology both play roles in these outstanding achievements.

#### A PEEK INSIDE:



Leading-Edge Studies



Welcome New Faculty Op

Optometrists Focus on Patients



Saving Sight with Clean Water



e stand on the threshold of a new day in vision research and care. UCSF Ophthalmology has a decades-long history of transforming vision care and research with innovations that have shaped the field, from fundamental discoveries in visual perception to the development of modern cataract surgery implants.

Now, a state-of-the-art UCSF Center for Vision Neuroscience at Mission Bay will provide patients with the most advanced, multidisciplinary, coordinated care; accelerate research to save and restore sight; and train the brightest minds as leaders for the future. The new home for UCSF Ophthalmology brings together clinicians and scientists from all vision and neuroscience subspecialties.

We've supported That Man May See and UCSF vision scientists for more than 40 years, and making them beneficiaries of our estate is a wonderful and unique opportunity."

- Dr. and Mrs. Stacy R. Mettier Jr.

The Center will unite, under one roof, specialists across multiple disciplines in complex eye care, including faculty in the Department of Ophthalmology and the Francis I. Proctor Foundation for Research in Ophthalmology.

The partnership between the Larry L. Hillblom Foundation and UCSF Ophthalmology advances research collaboration, bringing hope to those suffering from chronic and degenerative diseases associated with aging, with a primary focus on brain and vision disorders."

> – Peter J. Donnici President, Larry L. Hillblom Foundation

#### **Great Neighbors Collaborate**

This extraordinary initiative marks the beginning of a new era for vision science at UCSF - and for eye care and research worldwide. UCSF researchers, health care professionals, and educational enterprise will collaborate to better understand the brain and nervous system - and the eye - to improve our care of vision patients and train the next generation of clinicians and researchers.

The new clinics will be on the waterfront side of Third Street, directly across from the UCSF Medical Center at Mission Bay. Laboratory researchers also will move to the Mission Bay campus, in close proximity to a wealth of partners for collaborative neuroscience research.

## We Thank Our Campaign Donors

Our goal is in sight, thanks to visionary campaign leaders who inspire us with their extraordinary gifts and commitment to the finest quality care, research, and education.

### **Distinguished Anchor** Contributor (\$70,000,000)

#### Anonymous

### **Longevity Leaders**

(\$5,000,000+)Estate of Theresa M. Caygill Estate of Ruth Lee and Phillips Thygeson

Visionary Leaders (\$2,000,000+) Koret Foundation Research to Prevent Blindness

#### **Distinguished Contributors** (\$1,000,000+)Paul G. Allen Family Foundation Genentech, Inc. Claire Giannini Fund

Honored Patrons (\$250,000+)

Aerie Pharmaceuticals, Inc. Dale and Margaret Burns Ames Estate of Harvey A. Birsner, MD BrightFocus Foundation William H. and Sonja A. Davidow Hellman Foundation Don and Judy McCubbin Muscular Dystrophy Association The Peierls Foundation, Inc. Ronald and Anita Wornick

#### Visionaries (\$100,000+)

American Glaucoma Society Mary and Phil Anderson **HEDCO** Foundation Huang Pacific Foundation Juvenile Diabetes Research Foundation

#### Entrepreneurs (\$50,000+)

Anonymous (2) Gerson P. Bakar and Barbara Bass Bakar Thomas and Johanna Baruch Daniel Benatar Loretta Emerzian Carl M. Kawaja Kawaja Family The Kimball Foundation Karl Kirchgessner Foundation Mrs. James P. Livingston New World Medical, Inc. Lynn M. Pasternak Jeanne and Sanford Robertson Second Sight Medical Products, Inc. The Tumori Foundation

#### Investors (\$25,000+)

Jack and Betty Demetree Family Foundation Diopsys Margaret R. Duflock Françoise G. Fleishhacker Donald and Roslyn Kahn Love Family Charitable Trust Ivan, Maris, and Harry Meyerson North American Neuro-**Ophthalmology** Society Richard and Candace Olsen Lisle and Roslyn Payne JaMel and Tom Perkins Family Foundation Fund David and Bobbie Pratt Samuel T. Reeves Arthur and Toni Rembe Rock Kathleen L. Rydar The David and Elva Sinai Foundation, Inc. Sue and Laurence Spitters John and Peggy Stock Godfrey R. Sullivan

Larry L. Hillblom Foundation, Inc. Estate of Thomas B. Inglis Jr. Dr. and Mrs. Stacy R. Mettier Jr. Joan and David Traitel

#### Benefactors (\$500,000+)

Estate of Lillian V. Balzarini Fortisure Foundation Foundation Fighting Blindness The Herbst Foundation, Inc. Andrew and Cecilia Yau E. Matilda Ziegler Foundation for the Blind

The Esther A. & Joseph Klingenstein Fund, Inc. Knights Templar Eye Foundation Estate of Thomas R. Laughery Dr. Thomas and

Mrs. Yvonne Mazzocco Norby Anderson

Estate of Pauline L. Pizante Haddad Lisa and John Pritzker Family Fund The Frank and Denise Quattrone Foundation: Denise Foderaro and Frank Quattrone, Trustees Chuck Robel Venetta and John Rohal Sandler Foundation The Schreck Family Stephen and Paula Smith Bob and Naomi Stamper

Anonymous **ALS** Association Association for Research in Vision & Ophthalmology **BNY Mellon** Wealth Management California Foundation for Molecular Biology California HealthCare Foundation, Oakland, California **Chizen Family Foundation** 

We also wish to thank our many additional contributors for their essential role in the campaign. All will be recognized in the future.

# Day Neuroscience at Mission Bay

We want to make a lasting impact regarding sight for all, with a gift that honors a great chairman of Ophthalmology and surgeon, Dr. Stephen D. McLeod."

– David and Joan Traitel

#### What Your Gifts Make Possible

Generous campaign support makes possible four essential components:

Capital Construction	Designs and builds state-of-the-art vision clinics and eye/brain research facilities at Mission Bay.
Research and Equipment	Provides clinician researchers and basic scientists with leading edge tools to advance discovery and diagnostics.
Opportunities Fund	Responds rapidly to needs that are great, especially peer-reviewed innovative research for new avenues of thought.
Endowment	Strengthens financial viability for the long term, honoring donors as well as faculty at one of the world's leading eye institutes.

The Thygeson Family is tremendously pleased to fund two distinguished professorships in honor of Elizabeth Proctor and our beloved Grandparents, and to support the continuation of their life's work at the Proctor Foundation, with its ongoing mission to prevent and cure infectious eye disease."

- Marcus Thygeson

#### **Funding in Sight**

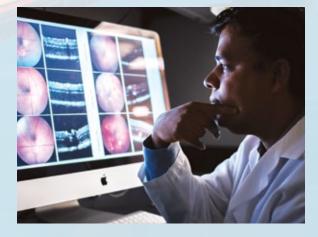
The unprecedented \$70 million pledge from an anonymous donor launched our campaign toward a total program goal of \$150 million. Thanks to our generous donors, we have made great progress toward our goal, and the Center is planned to open in 2019. Yet, there is more to be done! We invite you to join us.

To learn more about the campaign, please contact That Man May See President Kathleen Rydar at 415.476.4016, kathleen.rydar@ucsf.edu, or www.thatmanmaysee.org

# **Research to Prevent Blindness Awards**

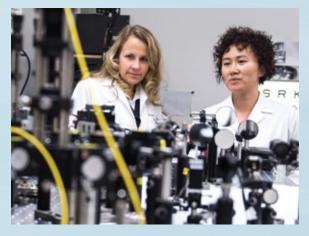
This year, seven USCF scientists received Research to Prevent Blindness awards for important initiatives, continuing the UCSF track record of recognition for excellence. The Department of Ophthalmology is grateful for its share of these competitive awards over the years - \$7.3 million since 1998.

Research to Prevent Blindness provides major research funding, fueling disease-oriented studies by hundreds of talented U.S. vision scientists. Here are summaries of three current UCSF projects.



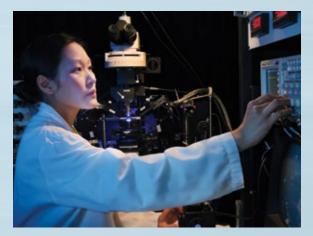
## Saidas Nair, PhD – Genetics

**Regenerating Damaged Retinas:** Müller cells are retinal cells that provide both mechanical



#### Jacque Duncan, MD – Inherited Retinal Disease

*Early Intervention for Retinitis Pigmentosa:* Retinitis pigmentosa causes severe vision impairment from degeneration of the photoreceptor cells. Dr. Duncan (on left in photo with **Jia Qin, PhD**) uses laser ophthalmoscopy to probe photoreceptor structure and function in eyes with this inherited condition. By studying photoreceptors at the earliest stages of disease, her research will develop sensitive, objective measures of retinitis pigmentosa patients' photoreceptor structure and function. Her aim is to accelerate development and assessment of treatments for the disease. The research will help her plan early interventions, when the eye is most responsive to treatment.



Felice Dunn, PhD – Neuroscience

**Preventing Retinal Cell Death:** Dr. Dunn uses twophoton microscopy, which allows imaging of living

and functional support to the retinal neurons. In mammals, few of these cells can respond to cues that support their regenerative potential – and only under very specific injury conditions. Dr. Nair recently identified a subpopulation of Müller cells in the mouse retina that are likely primed to respond to regenerative signals. His research explores precisely how this subset differs from other Müller cells and how it responds to regenerative signals. The study holds significant promise for restoring vision by renewing retinal cells damaged by injury or disease. tissue up to one millimeter in depth, to examine the retina's immediate reaction to photoreceptor damage in progressive eye diseases that cause deterioration of these vital cells and frequently lead to blindness. Dr. Dunn's team seeks to determine the sequence, time course, and mechanisms of events that lead to damage to postsynaptic retinal neurons once the photoreceptors begin to die. The research is aimed at preventing or slowing retinal cell death and improving outcomes for stem cell therapies for retinal diseases.

## Recent UCSF Awardees

Jacque Duncan, MD Felice Dunn, PhD Marc Levin, MD, PhD Saidas Kayarat Nair, PhD David Sretavan, MD, PhD Boris Bastian, MD, PhD (Depts of Dermatology and Oncology) Michael Stryker, PhD (Dept of Physiology) **UVEITIS** Solutions Continued from page 1

Research in Ophthalmology, where he began immediate uveitis treatment. Inflammation triggered by Ryan's systemic disorder was causing his retina to detach.

Ryan moved back to his childhood home. "At first I needed help with simple things like getting to the shower," he says. "It was hard, and I knew I had to stay focused. I enrolled in community college and ordered my books on tape. Friends and family helped make it work." Weekly and then monthly for nearly two years, Ryan's parents drove him from Visalia to UCSF. Swimming kept up his spirits.

#### **Meticulous Care**

"I always knew I was getting the absolute best care at Proctor," says Ryan. "Everything was checked multiple times by multiple doctors."

Three uveitis specialists – Nisha Acharya, MD, MS; John Gonzales, MD; and Thuy Doan, MD, PhD – manage patient conditions at Proctor's uveitis clinic, assisted by cornea and external disease specialists Thomas Lietman, MD, and Jeremy Keenan, MD, MPH, as well as three fellows.

"Our team is committed to enabling uveitis patients to reach their full potential in life and not be limited by their disease," says Dr. Acharya. "We partner with patients and strive to find the optimal therapy to control each ocular inflammation while preserving quality of life."

> I always knew I was getting the absolute best care at Proctor."

- Patient Ryan Wullschleger



Patient Ryan Wullschleger is joined by two friends on a recent trip to Oakland.

C Our team is totally committed to overcoming the challenges of this disease. We use all the technologies and resources at our disposal in pursuit of better outcomes for uveitis patients around the world."

– Dr. Nisha Acharya

#### **Teamwork Restores Sight**

Drs. Acharya and Gonzales supported Ryan's sight recovery with drug therapies and meticulous monitoring. **Jay Stewart, MD** (Department of Ophthalmology), surgically inserted tiny corticosteroid implants into Ryan's eyes to reduce inflammation over many months.

More than a dozen UCSF retina, glaucoma, and pediatric ophthalmology specialists help uveitis patients with complications to retain their sight. Rheumatologists, internists, dermatologists, pulmonologists, and pediatricians assist the team in tailoring care for diverse cases.

#### **Innovative Medicine**

The current mainstay of treatment for noninfectious uveitis is corticosteroids. Proctor's clinicians are at the forefront of using and assessing novel treatments such as immunosuppressants and biologic agents to restore sight. This approach means that hundreds of patients each year avoid steroid complications, which can be debilitating in themselves.

Medical specialists in the northwest United States and beyond count on this team to help patients with the most complex uveitis cases. But Proctor does more. It also tracks, studies, and compares the long-term outcomes of treatments, developing evidence to improve care and overcome the disease.

#### **Two Dreams Achieved**

After receiving medical therapy and the time-release implants, Ryan's vision gradually returned. Today he can recognize people from about twelve feet away, and he can read books with regular size print. Some damage is thus far irreversible, leaving him unable to drive. His syndrome has attacked again, but immediate treatment protected his fragile sight.

Fortitude, the support of his family, and six years of expert care at UCSF have shepherded Ryan to restored sight and renewed independence. He completed his college degree in May 2016. Throughout his ordeal Ryan kept on swimming, even when he couldn't see the far end of the pool.

U-vee-I-tis) noun

Accounts for about 10% of blindness in the United States Commonly begins in early or middle adulthood but can affect even babies and the elderly

Symptoms: Sensitivity to light, blurred vision, pain, and floaters are common

Known Causes: Infections, autoimmune disorders, certain systemic diseases

Inflammation of the uvea (layer of the eye just beneath the white sclera, including the iris) **Prognosis:** Prompt short-term treatment can calm inflammation, delaying or preventing deterioration of sight. For a minority of patients, symptoms do not return. Many, however, have chronic inflammation that requires ongoing treatment.

**Complications:** Often leads to cataract, glaucoma, macular edema, or retinal scarring or detachment

The depth of academic knowledge and practical experience that our mentors – Drs. Cunningham, Margolis, Lietman, and Whitcher – shared daily was very impressive."

– Anna Hovakimyan, MD, PhD Head, Cornea-Uveitis Department, Malayan Eye Center, Yerevan, Armenia The camaraderie and friendly discussions after case presentations served as a model when I started convening the Sociedad Panamericana de Enfermedades Inflamatorias Oculares at American Academy of Ophthalmology meetings."

> – Careen Y. Lowder, MD, PhD Cleveland Clinic Cole Eye Institute

### Proctor set a high standard for clinical care, teaching, and investigation which guides me to this day."

Michael E. Zegans, MD
 Section Chief, Ophthalmology,
 Dartmouth University
 Hitchcock Medical Center

Our mentors had immense influence in shaping our decisions, clinical judgement, and analytical interpretations of the complex clinical problems in uveitis."

– Khalid F. Tabbara, MD
 Medical Director, The Eye Center, Riyadh,
 Saudi Arabia, and Adjunct Professor,
 Johns Hopkins University

The Big Three – Drs. Thygeson, Kimura, and Hogan – were my mentors. Based on my lecture notes, I wrote a book on external diseases."

George Bohigian, MD
 Professor, Washington University
 School of Medicine

## **UVEITIS** Research at UCSF

Proctor Foundation has always championed research to directly improve patient care and eradicate eye diseases. Uveitis remains a source of unknown causes and imperfect solutions.

UCSF's uveitis specialists partner with leading eye hospitals in several countries to conduct research. A strong partnership in uveitis research and patient care blossomed in South India from a Proctor visit to Aravind Eye Hospital in 1992. Sivakumar R. Rathinam, PhD, head of Uveitis Service at the hospital, remembers one impact: "We learned from Dr. Robert Nozik that clinical signs are often more important than expensive lab tests. That gave us more confidence to manage our uveitis patients, many of whom are uninsured."

Nisha Acharya, MD, MS, directs Proctor's Uveitis Service. For 10 years, she has been designing and leading studies to understand risk factors for uveitis and clinical trials to determine optimal treatments. There are currently no US-approved treatments for uveitis except corticosteroids.

Based on a pilot study that Dr. Acharya led, the National Institutes of Health now funds a multicenter uveitis trial for patients in five countries - also led by Dr. Acharya comparing two corticosteroidsparing antimetabolites for first-line treatment. Dr. Acharya also serves as protocol chair for a National Institutes of Health multisite trial comparing treatments for macular edema, a leading cause of vision loss in patients with uveitis.

#### Thuy Doan, MD, PhD,

uses comprehensive gene sequencing to evaluate fluid samples from the eyes of patients with unknown causes of uveitis. Gene sequencing is more sensitive than currently available diagnostic tests, allowing her to profile greater microbial diversity in biological samples. Working in the lab of UCSF biochemist Joe DeRisi, PhD, Dr. Doan expects to identify viruses and other causes of uveitis undetectable with conventional tools.

#### John Gonzales, MD,

is focused on developing genetic profiles of different types of uveitis causes, with the aim of one day offering simple blood tests designed to diagnose them. Currently he is working on understanding the genetic profile of sarcoidosis, which can be life threatening if it reaches the lungs. This condition frequently involves the eyes, which can lead to blindness if left untreated. Private funding for uveitis is provided by the Huang Pacific Foundation, Alta California Eye Research Foundation, Harper-Inglis Memorial Fund for Eye Research, Peierls Foundation, and Ivan, Maris, and Harry Meyerson. The National Institutes of Health and the World Health Organization sustain the work.





My fellowship was the most wonderful period of my career. Not only was I trained and challenged by giants of the field, I was coached and polished to teach others. And I became part of the Proctor family."

Mark D. Sherman, MD
 Partner, Pacific Eye Surgeons, San Luis Obispo,
 Clinical Professor, Loma Linda University Medical Center

I am privileged to have trained and to be on faculty at a place like the Proctor Foundation. Many giants in the field of uveitis have passed through here and left their mark on the institution and the field. I am inspired by the dedication that my predecessors had for their patients and students."

> – Dr. Nisha Acharya Head of Uveitis Service, UCSF Proctor Foundation

# **UVEITIS** Legacy of Leadership

Since its founding, the Proctor Foundation has set new standards in uveitis treatment, research, and education.

## 1955 – 1960s

Michael J. Hogan, MD; Phillips Thygeson, MD; and Samuel Kimura, MD, join Proctor faculty, launch UCSF's Uveitis Service, and publish landmark papers on uveitis grading, diagnosis, and treatment.

## 1970s – 1980s

Faculty members Richard O'Connor, MD; Robert Nozik, MD; Khalid Tabbara, MD; and Ira Wong, MD, expand internal research efforts and build internationally recognized uveitis training program that attracts dozens of national and international fellows. Many alumni pursue careers in uveitis and achieve influential positions in academic medicine.

## 1990s – 2000s

Faculty members Careen Lowder, MD, PhD; James Dunn, MD; and Emmett Cunningham Jr., MD, PhD, MPH, advance uveitis clinical, research, and teaching efforts.

## 2010 – Today

International clinical trials led by Proctor Associate Director **Nisha Acharya, MD, MA,** aim to establish evidence-based treatments. Dr. Acharya, along with faculty **John Gonzales, MD,** and **Thuy Doan, MD, PhD,** pursue state-of-the-art clinical and lab-based research to improve diagnosis and treatment.

#### 1957

Dr. Hogan appointed first director of the Francis I. Proctor Foundation. Continues his seminal studies on ocular toxoplasmosis, a common cause of infection.

**Dr. Kimura** joins the new Proctor Foundation from the Department of Ophthalmology.

#### 1962

**Dr. O'Connor** joins the faculty and begins developing a strong federally supported uveitis research program.

#### 1969

Uveitis specialist **Dr. Nozik** joins the faculty following completion of his Proctor uveitis fellowship with **Drs. Hogan, Kimura,** and **O'Connor**.





#### 1970

**Dr. O'Connor** appointed director of both Proctor and Uveitis Service

#### 1972

**Dr. Kimura** and Department of Ophthalmology Chair **Dr. Hogan** establish That Man May See, the nonprofit foundation that advances UCSF vision sciences.

#### 1983

Dr. Nozik and fellow Ronald Smith, MD, publish one of the earliest and most recognized textbooks on the uveitis disease group. The team establishes an innovative naming and meshing strategy, still widely used to diagnose uveitis causes and identify the most relevant laboratory tests.

#### 1984

**Dr. Nozik** appointed director of Uveitis Service.



Drs. Tabbara, O'Connor, and Mardiono Marsetio, MD

#### 1992

**Dr. Nozik** helps establish a uveitis clinic at India's Aravind Eye Hospital and begins an international collaboration in uveitis research and care that continues today.

#### 1996

Dr. Cunningham Jr. appointed director of Uveitis Service.

#### 1999

Dr. Wong appointed director of Uveitis Service.



Drs. Nozik and Cunningham Jr. with Aravind Hospital's Dr. Rathinam (center)

#### 2014

**Dr. Cunningham Jr.** rejoins the faculty as a Research Associate focusing on resident and fellow education.

#### 2015

Robert A. Nozik, MD, Lectureship is established to honor those who excel at uveitis patient care and teaching.

#### May 2016

Dr. Cunningham Jr. delivers inaugural Robert A. Nozik, MD, Lecture.





Top: Multinational uveitis clinical trial team led by Dr. Acharya (in front row with blazer)



Top: Drs. Thygeson and Hogan

Bottom: Drs. Thygeson, Kimura, and Frederick Cordes Bottom: Dr. Cunningham Jr.

I was a fellow in the 1970s and at that time the Proctor Foundation was the best and most unique place to be trained in uveitis and external diseases of the eye, including clinical and surgical cornea. It was the most important year of my professional life."

– Rubens Belfort Jr, MD, PhD
 President, Instituto Paulista da Visão, São Paulo, Brazil

# alumni acclaim

Richard O'Connor and Robert Nozik gave the ophthalmic community great insight into ocular toxoplasmosis pathogenesis. I have enjoyed the warmth and kindness of these two great ophthalmologists and friends."

Lourdes Arellanes-García, MD
 Head, Inflammatory Eye Disease Clinic,
 National Autonomous University of Mexico
 President, Mexican Board of Ophthalmology

ĥ

# New Faculty Sriranjani Padmanabhan, MD Glaucoma Specialist

MD: University of Rochester School of Medicine
Residency: University of Pennsylvania/Scheie Eye Institute
Fellowships: Emory University (Glaucoma), University of Nebraska/ Truhlsen Eye Institute (Prevention of Global Blindness)

### **Q** Why Glaucoma?

A I appreciate that glaucoma affects all parts of the visual system, allowing me to practice a wide range of skills on many types of cases. Also, I wanted to pursue a specialty that impacts vulnerable populations. We need more glaucoma doctors.

There's not always a lot of evidence to guide glaucoma management, and so we have opportunities to be creative and to develop evidence that makes a big impact. Glaucoma specialists create long-lasting relationships with their patients, and I love being a part of that!

**Q** Your international fellowship involved stints in five countries. How did that shape your view of medicine?

A My second fellowship gave me the opportunity to see how vision care varies in Haiti, Nepal, Ethiopia, Ghana, and Alaska. Seeing the sickest patients' lives changed after getting care was transformative.

The experience solidified the critical importance of preventing blindness, something I previously understood only on a rational level. It renewed my optimism in medicine.

**Q** Your primary assignment combines teaching and glaucoma care at Zuckerberg San Francisco General. Why is that special for you?

A I loved working internationally. The barriers to care that patients struggle with abroad are the same that many Americans face. Zuckerberg San Francisco General offers a diverse population with complex medical and socioeconomic challenges.



Working there fits me to a T. As it's a teaching hospital, I'm usually supervising our excellent residents. I enjoy witnessing their growth into confident doctors and having a hand in their progress.

My practice at the UCSF glaucoma clinic presents different case profiles, requiring a distinct management approach. The two patient groups allow me to develop my full skill set as a specialist

# **Q** You considered a career in journalism. Does writing still interest you?

A I worked on a newspaper in college, and these days I imagine writing about medicine. On the creative side, I still develop my own fiction and poetry. That satisfies a different part of my brain!

# **Making Patients Look Good**

Potometry at UCSF is growing at a rapid clip, with increased access as our goal," says **Joyce Hsieh, OD**, supervising optometrist at UCSF Ophthalmology. Nine doctors of optometry (ODs) now partner with ophthalmologists to meet the special needs of patients in the cornea, glaucoma, comprehensive, and pediatric ophthalmology clinics. "We also evaluate, manage, and treat our own patients in the optometry clinics," adds Dr. Hsieh.

"Catching and correcting even moderate refractive errors is essential to kids' ability to learn and thrive," says Dr. Hsieh. The optometrists provide eye care for many children, including those who face socioeconomic barriers. They work with social workers as needed to help improve attendance at appointments and continuity of care.

"Children usually don't report or even



#### **Putting Kids First**

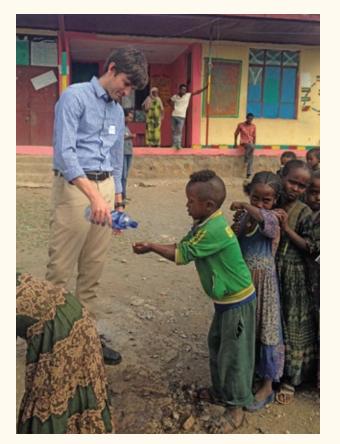
UCSF recently added an optical shop just for children, adjacent to the Visual Center for the Child at Mission Bay. "In a standard optical shop, kids can be an afterthought," comments Dr. Hsieh, "but our Mission Bay shop puts children's needs front and center."The shop's focus on young patients underscores UCSF's emphasis on early vision screening and care for children who may lack insurance or even regular access to healthcare. realize how poor their sight is," notes Dr. Hsieh. "Addressing vision impairment early saves many children from long-term sight disabilities." •

To meet the whole optometry team, visit www.thatmanmaysee.org/optometry.

Addressing vision impairment early saves many children from long-term sight disabilities."

- Optometrist Joyce Hsieh

# Eradicating Trachoma Students Raise Funds for Clean Water



Contagious and blinding eye diseases proliferate in millions of rural communities without clean water, effective sanitation, or hygiene tools. Students at the Carpenter School in Park Ridge, Illinois, wanted to help after learning that children in Ethiopia can't turn on a faucet to wash their hands.Villagers often rely on far-away wells.

Led by teacher Rebecca Keenan, the fifth-grade class investigated and reported on the need for clean water and how UCSF's Proctor Foundation is working to





provide it. Ms. Keenan is a sister of Proctor's **Jeremy Keenan, MD, MPH,** principal investigator for a clinical trial of a public health intervention in 68 Ethiopian communities. The Carter Center co-leads the trial, and Catholic Relief Services and others support the work.

#### **Improvements to Save Sight**

The WASH intervention – improvements in WAter, Sanitation, and Hygiene – is being added to a program of mass antibiotic distribution. Used together, the strategies aim to halt the epidemic spread of trachoma and the blindness that so often follows, as well as reduce transmission of other infectious diseases. Digging local wells is a key component.

# New Leadership for UCSF PROSE Clinic

**Aren Lee, OD,** applies the same rigor to her athletic pursuits and her career. She arrived at the clinic in January, following four months of intensive training at BostonSight, which developed and manufactures PROSE. "It's very satisfying to help patients overcome pain and reengage with the world around them," says Dr. Lee.

#### A Path to Help

"We assist patients for whom all other approaches have failed," notes Dr. Lee. "Many medical conditions can result in corneal complications, and PROSE can delay or eliminate the need for surgery." We assist patients for whom all other approaches have failed."

– Optometrist Karen Lee

The unique devices require precise measurement, manufacture, and patient training. Often, they are not covered by insurance. More than half the



## What is PROSE?

Shorthand for Prosthetic Replacement of the Ocular Ecosystem, PROSE devices are customized lenses that fit under the eyelids and vault over the cornea, creating new, smooth optical surfaces with a built-in reservoir of lubrication. They can improve vision, help with healing, and reduce pain and sensitivity to light. UCSF patients referred for PROSE lack the substantial resources required, so the clinic works to smooth their financial path. Help comes from private donations as well as support from UCSF and Boston Foundation for Sight. Leslie and Sean Doherty and their extended family established a fund for this purpose.

#### How PROSE Lifts Lives

When Theodore Fitzsimmons was diagnosed with leukemia, his treatment included a bone marrow transplant, which triggered a severe auto-immune reaction. Theodore's eyes began to burn and became painfully light sensitive; artificial tears and medications were no help. In 2012, UCSF PROSE treatment changed Theodore's life. Once he learned to use his devices, Theodore could go outside without worrying about the sharp pains that a simple gust of wind or ordinary daylight used to cause.

After three years of daily wear, Theodore's PROSE devices became uncomfortable. Thanks to generous donations to That Man May See, Theodore was able to resume PROSE treatment with new devices. They are again helping him regain control over his life. •

The PROSE clinic, now located at 8 Koret Way, was established with a generous gift from Sharon and Larry Malcolmson. Special thanks to the Sean and Leslie Doherty Family and the Jack and Betty Demetree Family Foundation for support of PROSE patient care. To learn more about supporting UCSF Ophthalmology, contact That Man May See, 415.476.4016 or thatmanmaysee.org.



#### Kids Reach Around the World

When a severe drought in Ethiopia threatened the viability of new wells, That Man May See reached out for funds to dig deeper wells. Students at the Carpenter School were moved to raise funds. With Ms. Keenan behind the camera, students posed as news anchors, presenting reports on how clean water can change children's lives in the developing world. The class launched a social media campaign featuring their video to raise \$15,000 for a new deep well. The overwhelming response – more than \$23,000 – enabled the school community to fund a deep well, a hand-dug well, a set of latrines, and many home sanitation stations! The project also raised student, teacher, and parent awareness of how precious clean water is. A school-wide assembly honored the class and featured thank you videos from Dr. Keenan and That Man May See. To see the student video, visit: www.youtube.com/ watch?v=i\_VJHyyxJuk&feature=youtu.be •

Pilot study funds were provided by the Sara and Evan Williams Foundation, and the JaMel and Tom Perkins Family Foundation Fund supports the current study. To learn more about supporting the Proctor Foundation, contact Kathleen Rydar at 415.476.4016, kathleen.rydar@ucsf.edu, or thatmanmaysee.org.

# Alcatraz Swim for Sight Saving Sight for Future Generations – Sunday, October 23, 2016



oin the 5th annual Alcatraz Swim for Sight and make a real impact in the fight to save and restore sight.

- Register to swim
- Become a virtual swimmer crowdfund without dipping a toe in the water
- Make a gift for vision research

100 swimmers will jump into the chilly Bay waters to make waves for vision research. This signature event of That Man May See has raised over \$350,000 in seed funding for peer-reviewed research, trailblazing solutions for eye disease. Help us achieve \$500,000 over five years with your inspirational gift today. Make a splash – and help us imagine a world in which all may see.



To learn more, visit thatmanmaysee.org/Alcatraz or contact Molly Boylan at 415.476.4016 or mary.boylan@ucsf.edu. Funds raised make possible new avenues of vision research aimed at the most challenging conditions, such as retinitis pigmentosa.

# New Professorships Honoring Donors and Faculty

Three outstanding UCSF vision scientists have been awarded named professorships, honoring them for their accomplishments. All are leaders at the Francis I. Proctor Foundation for Research in Ophthalmology. Endowments of \$1 million or more can be designated for professorships to honor faculty members and provide reliable funding for research, patient care, teaching, and community service. Thomas Lietman, MD Ruth Lee and Phillips Thygeson Distinguished Professorship

Nisha Acharya, MD, MS Elizabeth C. Proctor Distinguished Professorship

Jeremy Keenan, MD, MPH H. Bruce Ostler Endowed Chair in Ocular Epidemiology

# **Faculty News**

## NEI Keynote Speaker Dr. Creig Hoyt

pediatric and neuro-ophthalmologist Creig Hoyt, MD, MA, was keynote speaker at the recent National Eye Institute conference sponsored by the Lasker Foundation and held at the Howard Hughes Medical Institute research campus in Virginia. Dr. Hoyt spoke on amblyopia, a developmental disorder of the eye that generally begins in early childhood. Amblyopia is the medical term used when vision in one eye is reduced because the eye and brain are not working together properly.

Dr. Hoyt is best known for a breakthrough in the treatment of congenital cataracts, which permanently impair vision if not removed during infancy. His landmark study improved treatment worldwide by demonstrating that cataracts can be removed safely from the eyes of very young infants.



Dr. Hoyt at home with his feline friend Little B

Dr. Abbott flanked by Hugh Taylor, President of The International Council of Ophthalmology, and Enrique Graue, President of the World Congress and President of the University of Mexico



## Global Education Award Dr. Richard Abbott

The International Council of Ophthalmology recently presented UCSF cornea specialist Richard Abbott, MD, with its Mark Tso Golden Apple Award at the opening ceremony of the World Ophthalmology Congress in Guadelajara, Mexico.

The World Health Organization has identified medical error as a major problem for all countries and referred to it as a global issue of epidemic proportions. Dr. Abbott discussed initiatives for improving patient safety and offered concrete initiatives to better patient outcomes.



#### Michele Bloomer, MD

Invited Lecturer and Co-Chair: Cataract-Ophthalmic Resident Education West, San Diego

This two-day cataract surgery training instructs ophthalmology residents from programs throughout the United States and Puerto Rico.



#### David R. Copenhagen, PhD

Invited Lecturer: Photoreception in Fetal & Newborn Mice: Actions on Behavior and Vascular Patterning in the Eye. Grand Rounds, University of Utah



#### David Hwang, MD, FACS Honor: Awarded the Pearl T. Kimura and Samuel J. Kimura Endowed Chair in Ophthalmology



#### Shan Lin, MD

Publication: Wang YE, Kakigi C, Barbosa D, Porco T, Chen R, Wang S, Li Y, Singh K, Pasquale LR, Lin SC. Oral contraceptive use and prevalence of self-reported glaucoma or ocular hypertension in the United States.

*Ophthalmology*. 2016 Apr;123(4):/29-36. doi: 10.1016/j.ophtha.2015.11.029. Epub 2016 Feb 11.

Dr. Lin and his team found that women who took oral contraceptives for three years or longer had a higher risk for self-reporting glaucoma in a U.S. population-based study. These findings support that the natural cycle of estrogen production (which is suppressed by contraceptives) may be protective against glaucoma development.

# Koret Vision Research Laboratories + Beckman Vision Center + Proctor Foundation

Facilities of UCSF Ophthalmology

University of California San Francisco	HOW TO REACH US Comprehensive Eye Center	Cataract and Cornea Ca 415.514.8200
Department of Ophthalmology 10 Koret Way, Room K-301	415.353.2800	Glaucoma Care
San Francisco, CA 94143-0730	Routine eye care, acute care, eye disease referrals	415.514.6920
www.ucsfeye.net	eye discuse referruis	Neuro-Ophthalmology
Francis I. Proctor Foundation	Eyeglasses & Contact Lenses 415.476.3100	415.476.7176
95 Kirkham Street		Ocular Oncology Care
San Francisco, CA 94143-0944 proctor.ucsf.edu		415.514.8722

Cataract and Cornea Care	Ocular Plastic Surgery
415.514.8200	415.353.2800
Glaucoma Care	Pediatric Ophthalmology
415.514.6920	415.514.3916
Neuro-Ophthalmology	Proctor Medical Group

or Medical Group 415.476.1442

**Retinal Care** 415.353.2800

**Vision Correction Surgery Center** 415.353.2020 Individualized vision correction surgery, including LASIK and PRK

## *In Memoriam* Emma Dong – An Inspiration

**mma O. Dong (Chong), MD,** became the world's first Chinese woman ophthalmic surgeon. She earned her UCSF medical degree in 1939 and was the first woman accepted to the residency program in the Department of Ophthalmology. She passed away in December 2015 at the age of 102 years.

#### Lifetime of Contributions

"Our celebrated alumna made a lifetime of contributions to UCSF



Dr. Emma Dong and her husband Dr. Harry Chong at a UCSF Ophthalmology Open House

and to ophthalmology," says **Stephen D. McLeod, MD,** chair of the Department of Ophthalmology. Dr. Dong was especially skilled at correcting crossed eyes with eye muscle surgery and restoring vision lost to cataracts.

Dr. Dong and her husband, Dr. Harry Chong, practiced medicine in Salinas and became that county's first board-certified surgeons. She was a fellow of the American Academy of Ophthalmology and an associate examiner for the American Board of Ophthalmology. That Man May See is grateful for many gifts made to honor the life and work of Dr. Emma Dong.

To make a tribute gift, please visit www.thatmanmaysee.org/donate or contact That Man May See at 415.476.4016 or tmms@vision.ucsf.edu.

Joan and Roger McGee

# That Man May See Celebrates Recent Gifts

Thank you for generous contributions and pledges made between October 8, 2015, and June 23, 2016. All recent gifts benefit our campaign for the UCSF Vision Neuroscience Center at Mission Bay. For a complete list, please visit www.thatmanmaysee.org/how-you-can-help/contributors.

#### Visionary Leaders (\$2,000,000+) Koret Foundation

Koret Foundation

#### Distinguished Contributors (\$1,000,000+) Dr. and Mrs. Stacy R. Mettier Jr. Joan and David Traitel

**Benefactors (\$500,000+)** The Herbst Foundation, Inc.

#### Honored Patrons (\$250,000+) Dale and Margaret Burns Ames

William H. and Sonja A. Davidow Larry L. Hillblom Foundation, Inc.

#### Visionaries (\$100,000+)

Mary and Phil Anderson Estate of Lillian V. Balzarini BrightFocus Foundation **HEDCO** Foundation Hellman Foundation Huang Pacific Foundation The Esther A. & Joseph Klingenstein Fund, Inc. Knights Templar Eye Foundation Don and Judy McCubbin The Peierls Foundation, Inc. Estate of Pauline L. Pizante Haddad The Frank and Denise Quattrone Foundation: Denise Foderaro and Frank Quattrone, Trustees Research to Prevent Blindness Venetta and John Rohal The Schreck Family Bob and Naomi Stamper E. Matilda Ziegler Foundation for the Blind

#### Entrepreneurs (\$50,000+)

Anonymous American Glaucoma Society Mrs. James P. Livingston New World Medical, Inc. Norby Anderson Sandler Foundation Ronald and Anita Wornick Donald and Roslyn Kahn Carl M. Kawaja The Kimball Foundation Dr. Thomas and Mrs.Yvonne Mazzocco North American Neuro-Ophthalmology Society Jeanne and Sanford Robertson Kathleen L. Rydar The David and Elva Sinai Foundation, Inc.

#### Director's Council (\$10,000+)

Gerson P. Bakar and Barbara Bass Bakar BNY Mellon Wealth Management California Foundation for Molecular Biology David and Joyce Copenhagen Françoise G. Fleishhacker Tom and Gunilla Follett The Friend Family Foundation Paul and Béatrice Gomory Kawaja Family Keith and Metta Krach Love Family Charitable Fund Kathlyn McPherson Masneri and Arno P. Masneri Fund Joe and Margaret Melcher Ivan, Maris, and Harry Meyerson Richard and Candace Olsen Lisle and Roslyn Payne JaMel and Tom Perkins Family Foundation Fund David and Bobbie Pratt Arthur and Toni Rembe Rock Miriam Shearing Stephen and Paula Smith Sue and Laurence Spitters John and Peggy Stock Patricia and Stanley Wells Jim and Janet Wulfsberg

#### Luminaries (\$5,000+)

Anonymous at Silicon Valley Community Foundation Paul and Betty Baldacci Family Foundation The Bellini Foundation Buck and Sylvia Breiholz Edward and Margaret Collins Patrick and Ginger Connolly Bruce and Suzanne Crocker A Cure in Sight Mr. and Mrs. Donald W. Davis Jerome and Catherine Debs Janet and Bill Dinsmore Luke B. Evnin, PhD, and Deann Wright Gloria and Saul Feldman Foundation Fighting Blindness Dr. and Mrs. Sylvan D. Gross Matt and Melinda Guelfi James D. and Joan C. Kirsner Angus and Virginia MacLean Alastair and Celine Mactaggart Joan Platt Mamatha and Pradip Shankar W. Scott Thomas Marilyn and Jack Whitcher Bruce U. Wintroub, MD, and Marya Wintroub Eric Zankman and Pamela Kaufmann

#### Dream Makers (\$2,500+)

Activity Fund School District 64 Joan E. Avenali Sandra and Conrad Donner The Enersen Foundation Mary Ellen and Michael E. Fox Family Foundation Lorie and Ron Hirson James R. Hollander Donald R. and Judith D. Krohn Lydia A. Lukian, MD Bill Matthes Janet and Edwin Medlin Faye Mellos and Michael Holland Amy S. Millman and Paul M. Kochis James and Janet Mitchell Tim Müller The Nickerson Charities Fund Ed and Marcia Pollack PSN Family Charitable Trust Judy and Fred Riedel Shustek Dubinsky Family Philanthropic Fund Spark Therapeutics, Inc. William and Hannah Sweet Mrs. Camele Wanat

#### Innovators (\$1,000+)

Anonymous (2) Richard L. and Cecilia Abbott Linda L. Aldrich Nancy Alpert Joelle Benioff Timothy G. Berger, MD, and Jessica E. O'Dwyer Becky and Jeff Bleich

Dr. and Mrs. William Breall C. Preston Butcher and Carolyn Butcher David F. Chang, MD, and Victoria A. Chang Chevron Humankind Program Mrs. Daniel G. Cook Pete Craig Dr. and Mrs. J. Brooks Crawford Gary A. D'Acquisto Family Elayne R. Dauber and Philip S. Dauber Rosalind Gray Davis and Robert M. Davis Hal Dawson and Mary McVey Paula Dawson Sue and John Diekman John and Marilyn Dougery Margaret R. Duflock Karen Eliadis Fidelity Investments Allan J. Flach, MD, PharmD, and Teri Flach FusionStorm Lorrie and Richard Greene Larry and Carie Haimovitch James Halper Michael Halper Rod and Carole Hartless Tyler Higgins Alfred Hom Jonathan C. Horton, MD, PhD James S. Hsue Huntington Farms Arlene Inch David K. Ingalls Drs. Alex and Chauncy Irvine The James Irvine Foundation Margaret M. Jacobsen Leonard and Margo Karstadt Colleen Kavanagh Nick and Becky Kemsley Don and Colleen Kieselhorst Man K. Kim, MD, and Grace H. Kim Ernest M. Kotlier, MD Dr. and Mrs. Shiu Y. Kwok Stephanie LeGras Shan C. Lin, MD, and Ho Hui Lin Local Independent Charities Diane M. Luders oya A. Lukian Rabbi Brian Lurie and Ms. Caroline Fromm Lurie Donna L. and Edward E. Martins Foundation Inc. The Mattson Family Conservation Foundation

Stephen D. McLeod, MD, and **Marion Faymonville** Todd and Stacey and Joe Melcher Tara K. Mochizuki and Jeffrey M. Chu Anthony and Lary Lynn Muller Fund of the Community Foundation for Monterey County Barbara Z. Musser Oak Leaf Rebekah Lodge No. 74 Rosanne and Michael Ogles Richard and Susan Olness Susan Page and Richard Metcalfe Walter Jeff Parton Barry Petersen Robert Pilon Virginia G. Piper Charitable Trust Frederick M. Pistilli Linda B. Plant Eva and William Price Virginia M. Ratto Daniel Reid Barbara H. Rosston at Silicon Valley Community Foundation Robert and Isabel Schuchardt Daniel M. Schwartz, MD Michael and Susan Schwartz Fund at Marin Community Foundation Edward C. Shotwell III 1996 Charitable Annuity Lead Trust James Hart and Mary Pfeiffer Smith Mary Ann Milias St. Peter R. G. Starmann Sr. Judith Good Stearns R. B. and Jean C. Switzer Theta Delta Xi Jack and Jane Threlkeld Ted and Betty Tight Ann and Marshall Turner Morey A. Weingarten, MD Wells Lamont U. Christina West, MD, and William B. Conerly Diane Wilsey Charles B. Wilson, MD, and Frances S. Petrocelli Carey and Noah Wintroub Burton L. Wise, MD, and Myra Wise, PhD Ira G. Wong, MD, MS, and Eleanor W. Wong Peggy and Lee Zeigler Andy Zwick

#### Investors (\$25,000+)

Anonymous ALS Association Thomas and Johanna Baruch Daniel Benatar

#### That Man May See is a 501(c)3 public charity. Its mission is to raise funds for the dedicated faculty of UCSF Ophthalmology to make possible breakthroughs in vision research, state-of-the-art patient care, educational opportunities for residents and fellows, and community service.

To make a gift of cash or securities, go to www.thatmanmaysee.org/donate or call 415.476.4016 or email tmms@vision.ucsf.edu. Checks are payable to That Man May See.

#### That Man May See

10 Koret Way, Box 0352 San Francisco, CA 94143-0352 tmms@vision.ucsf.edu VISIONS is a publication of the Department of Ophthalmology at UCSF and is produced by That Man May See.

#### **Editorial Board**

Robert B. Bhisitkul, MD, PhD Thomas M. Lietman, MD Yvonne Ou, MD David Sretavan, MD, PhD

#### Сору

Becky Jennings Kathleen Rydar Max Dietshe

#### Managing Editor

**Becky Jennings** 

#### Editorial

Molly Boylan Kathleen Rydar

#### **Design** Ikkanda Design Group Donna Beilock Anat Rodan

#### Photography

Linsi Taylor Matteson Stephanie Meyers Marc Olivier Le Blanc Marco Sanchez, UCSF DM Photography Trish Tunney

#### **Printing** Arrowhead Graphix Bruce Mayfield

#### For a free subscription to VISIONS magazine, please call 415.476.4016 or go to www.thatmanmaysee.org/what-we-support/ visions-magazine.

To receive or cancel further fundraising communications from the Department of Ophthalmology or That Man May See, please contact: Records Manager Department of Ophthalmology, UCSF Box 0248 San Francisco, CA 94143-0248





THAT MAN MAY SEE 415.476.4016

RETURN SERVICE REQUESTED

NON-PROFIT ORG. U.S. POSTAGE PAID SAN FRANCISCO, CA Permit No. 8285

# Help save sight and save lives.

## Visit our website at www.thatmanmaysee.org



# **Kids Onboard**

hildren need to see well to learn. And since young people inevitably break or lose their glasses, **The Augie Fund** and **Prevent Blindness Northern California** are partnering to provide replacements for children from families in need.

"The partnership with The Augie Fund makes a second pair of glasses possible for children likely to struggle along without them," says Seth Schalet, executive director of Prevent Blindness Northern California. "We're very excited to extend our support for these children."

#### Serving Families in Need

The Augie Fund at That Man May See offers prescription glasses with zero red tape for children from low-income families at UCSF Ophthalmology, Zuckerberg San Francisco General, and UCSF Benioff Children's Hospital Oakland. The fund was launched after young Augie Wintroub-Hansen began amblyopia treatment at UCSF. His family realized that the high cost of specialized glasses and contact lenses could challenge many families.



#### **Early Intervention Aids Success**

The new partnership ensures that low-income preschoolers can benefit from optimal vision and the academic achievement that comes with it. The See Well to Learn Eye Bus program at Prevent Blindness Northern California provides comprehensive support for healthy sight, including ongoing follow-up. The nonprofit plans to expand its successful program, which screened 8,300 Bay Area children last year.

To support The Augie Fund, contact Molly Boylan at That Man May See, 415.476.4016, molly.boylan@ucsf.edu, or www.thatmanmaysee.org.



Young children are excited to see the Eye Bus pull up at their preschool or Head Start site. Curiosity motivates them to get on board for vision screening – a positive early experience of caring for their health.